



AMOS Prayer

May God bless you with **discomfort**
at easy answers, half-truths and superficial
relationships...
so that you will *live deep in your heart*.

May God bless you with **anger**
at injustice, oppression and exploitation of people
and the earth...
so that you will *work for justice, equity and peace*.

May God bless you with **tears**
to shed for those who suffer
so you will *reach out* your hand to comfort them...
and change their pain to joy.

And, may God bless you with the **foolishness**
to think that you can make a difference
in the world...
so you will *do the things which others say*
cannot be done.

Amen

Sister Ruth Marlene Fox, OSB, of Sacred Heart Monastery, Richardton,
North Dakota

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